



# Menindee Central School

50  
cents

Term 3 — Week 5

17th August 2010

**Menindee Central School**  
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Principal

Brian Debus

Assistant Principal

Fiona Kelly

Head Teacher Secondary Studies

Danielle Fellows

Head Teacher Access

Dave Fellows



*Cameron Philp created this art work for the 2010 Waste to Art Competition. It was purchased and is now on its way to Germany. (See letter on page 9).*

## Principal Report

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note

Coming back this week it seems that I have been away an eternity. I thank Danielle Fellows and all staff for their work while I was away.

Once again we have Ralph here to work with Jared and the music program. Our music program has benefited from the resources that have been jointly provided by the P&C and the school. This together with new room provides ideal learning opportunities for our students.

One of the things that Ralph brings with him is a donation from the Keira High School of 10 Apple computers. This will allow our students to make and compose music. We are very grateful for the donation.

We are looking forward to once

again welcoming Sandringham College to our school. This is about their fourth visit to our school and they bring a passion for their music that we hope is gradually transferring to our students.

Again in the key learning area we will have the K/2 choir participating in the Broken Hill Eisteddfod on Monday. We wish them well.

***The performance of the band in the Eisteddfod set for Saturday night has been cancelled.***

*Brian Debus*



## School Diary

<b>Mondays</b>	<b>Adult Computer Class</b>
<b>Tuesdays</b>	<b>Active After School Program</b>
<b>Wednesdays</b>	<b>Active After School Program</b>
<b>Thursdays</b>	<b>Sport, Lifestyle and Rec Adult class—starts at 6pm.</b>

## Level Movements

Over the past week the following students have moved up a level.

**Level 5:**       Tori Johnson

**Level 5:**       Marley Darrigo

**Level 5 Bronze:** Braydan Barnes

**Congratulations to all these students**

## Assembly Certificates

At Friday's assembly the following students received certificates: Sarah Williams, Kade Fennell, Braydan Barnes, Whittney Philp, James Oates, Courtney Hempel, Hazel Roe, Tori Johnson, Steven Newman, Deanna Pinal, Brendan Shephard, Harley Williams, Leonie Nolan, Toby Burt and Tarsha Williams. Well done to all these people.

Parents,

Would you please check your children for nits, and treat accordingly, as there appears to be outbreak at the moment.

Thank you!



## PT Room Statistics

### Term 3 2009

Week	Learning	Respect	Safety	Suspensions
4	3	4	4	5

### Term 3 2010

Week	Learning	Respect	Safety	Suspensions
4	4	0	1	1

# This Weeks Birthday



Happy birthday to the shy staff member. We hope you have a wonderful day.

## TRISCONAILS

For all your nail care needs:

- Manicures    \* Pedicures    \* Paraffin    \* Acrylic    \* Gift lines
- Phone Amanda on    0427914616    or    80914616



# 2010 Science Week



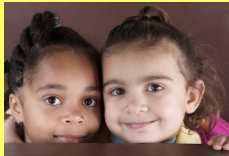
During the Science Week different activities will take place at the school during lunchtime from Monday to Friday. Outlined below is a list of the different themes of the activities for the rest of the week

- Thursday** – “Welcome to our Science lab” – Ms Saafi
- Friday** – Science Jobs Dress Up Competition (to be judged at the assembly)

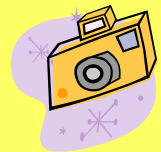


There will also be a drawing competition for the best “Animal or Plant Habitat”. Prizes will be awarded for the best ‘Animal or Plant Habitat’ drawing and the best “Science Jobs Dress Up” Competition.

So let’s all celebrate the National Science Week on the 14<sup>th</sup> – 22<sup>nd</sup> of August. Please do take a moment to appreciate the unique living plants and animals that we have in Menindee.



## School Photos



# Wednesday 1st September

**PLEASE start thinking about ordering your child's photos. Money and orders should be in by Monday 30th August.**

### Slave for a Day—Friday 6th August

The school hall became the venue for a Slave Auction on Friday. Bids were high and slaves sought out but staff were in high demand.

However, due to shortages in the front office, Mr Debus very kindly purchased Naomi Vili, at the very high price of \$40.00.


Naomi was a godsend for the day and is now competent in photocopying. Book binding and answering the telephone in the front office.

Thank you for your help Naomi. I hope you enjoyed your experience in ‘the Front Office’. At MCS.



*Kris Rush*

## What's on Around Town

<p><i>Until Father's Day</i></p> 	<p><b>FATHERS DAY RAFFLE</b> CWA Ladies are raffling a wheelbarrow full of goodies at \$1.00 ticket. On sale around town or see CWA members. Drawn Saturday 4th September. Contact L.Looney (Sec) 80914282</p>
<p><i>Saturday 21st August</i></p>  	<p><b>The Anglican Church Fete</b> will be held at the Anglican Church grounds from 9.30am—1.30pm. Jams &amp; Pickles, Craft, Cosmetics, Trash n' Treasure, Devonshire Tea, Cakes, Biscuits &amp; Slices, Indian Stall, Christian Books &amp; Cards, Sausage Sizzle, Folk Art and delicious <b>HOT</b> sticky date pudding. All stall holders are welcome. Stalls are \$10 each. Please call the Menindee Rural Transaction Centre on: (08) 80 914 392 to book your stall.</p> <p><b>DON'T FORGET TO VOTE</b></p>
<p><i>Sunday 22nd August</i></p> 	<p><b>Uniting Church</b> A church service will be held this Sunday at 4 p.m.</p>
<p><i>Sunday 12th September</i></p> 	<p><b>SUNSET STRIP GOLF DAY</b> The annual Sturt Club Golf Day will be held at Sunset Strip. The event is a 4 man Ambrose. Cost \$20 per head including green fees, breakfast (8am) and lunch (approx 12 noon). Tee-off 9.30 am. Nominations to Adam Bailey or Bob Duncan by end of the month.</p>

## Interesting Facts on Fast Food

- Every month, approximately nine out of 10 American children visit a McDonald's restaurant.
- Proportionally, hash browns have more fat and calories than a cheeseburger or Big Mac.
- Dangerous fast food ingredients that have been linked to various cancers and/or obesity includes MSG, trans fat, sodium nitrite, BHA, BHT, propyl gallate, aspartame, Acesulfame-K, Olestra, potassium bromate, and food coloring Blue 1 and 2, Red 3, Green 3, and Yellow 6.
- Caffeine is the most commonly used drug in the world, and high doses can have serious health effects, including muscle weakness, heart irregularities, and infertility. Children and teenagers consume more than 64 gallons of soft drinks per year.
- The popularization of the drive-thru led car manufacturers in the 1990s to install cup holders in the dashboards. As fast food drinks became larger, so did the cup holders.
- Hamburgers are not served in India out of respect for Hindu religious beliefs, and beer is served at McDonald's in Germany.
- When it was revealed in 1990 that McDonald's used beef tallow to flavour its French fries, Hindu vegetarian customers in Mumbai (formerly Bombay), India, ransacked a McDonald's restaurant and smeared cow dung on a statue of Ronald MacDonald.



**PLEASE REMEMBER THAT THE SCHOOL NEWS DEADLINE FOR ADVERTISEMENTS IS TUESDAY AT 12PM.**

## Classified Ads

All submissions for the school news are to be in by Tuesday 1pm. A written copy can be left at the school/Post Office addressed to 'SCHOOL NEWS'. Your advert must have your name, address, phone number and signature—this same limit applies to teachers. Every endeavour will be made to print all submitted articles; however, due to a 'space limit' some articles may have to be held over or reduced to suit our requirements.

Advertising costs are: \$4.40 (basic advert), \$11.00 (quarter page), \$22.00 (half page) and \$44.00 (full page) per week. **Payment is required when placing advert.**

**PLEASE REMEMBER:** IF SELLING A CAR OR MOTORBIKE YOU MUST INCLUDE THE REGISTRATION NUMBER OR ENGINE NUMBER. Adverts without the above information will NOT be included, phone 80 914 409.

**Lucky ball:** Drawn 16/08/2010. Numbers 1-3-4-7-8-13: Jackpot: \$1,381.00. No winner. Pick 1-15.

**For Sale:** One brand new Bio-Magnetic queen-size underlay—for arthritis phone 0437 382 205.

**For Sale:**

## Lunchbox Ideas

### Salmon rissoles

(Free of gluten, egg, dairy, nuts and soy)

- 1 x 210g can pink salmon, drained
- 1 cup mashed potato
- 2 tbsp finely chopped onion
- ½ cup gluten-free plain flour
- 2 tsp gluten-free baking powder
- Salt and pepper to taste
- ¼ cup finely chopped parsley
- Flake salmon. Mix with all the other ingredients.

Divide into eight portions. Shape into rounds, flatten slightly and shallow fry in canola oil until golden. Drain on paper towels.

### Gluten-free pear muffins

(Free of egg, dairy, gluten, nuts and soy)

- Canola oil for greasing or use silicone tray
  - 2 cups soy-free gluten-free self-raising flour
  - 2 tsp gluten-free baking powder
  - ¾ cup lightly packed soft brown sugar
  - ⅔ cup rice milk
  - ⅓ cup canola oil
  - 2 eggs or equivalent egg replacer
  - 2 ripe pears peeled, cored and mashed
- (Skinless pears, followed by golden delicious apples have the least natural chemicals which some people may react to)

Preheat oven to 180°C. Lightly grease a 12-hole muffin tray with canola oil.

Sift flour and baking powder into a large bowl and add the sugar. In a separate bowl, combine the rice milk, oil and egg (or replacer). Add the wet ingredients and mashed pears to the flour mixture and use a metal spoon to mix until just combined. Spoon into the muffin pan. Bake for 18-20 minutes until a skewer inserted comes out clean. Leave for 5 minutes before turning out onto a wire rack.

Variation: If your child is tolerant to moderate food chemicals, replace the pears with two large ripe bananas mashed, or ½ bunch of rhubarb washed and cut into 2cm pieces. Increase the rice milk to ¾ cup if using rhubarb.

More great recipes at  
[www.schools.nsw.edu.au/schoolparents](http://www.schools.nsw.edu.au/schoolparents)

## Joke of the Week

While my brother-in-law was tapping away on his home computer, his ten-year-old daughter sneaked up behind him. Then she turned and ran into the kitchen, squealing to the rest of the family, "I know Daddy's password! I know Daddy's password!"

"What is it? her sisters asked eagerly.

Proudly she replied, "Asterisk, asterisk, asterisk, asterisk, asterisk!"



*In class, our budding reporter Tiffany Pagano had to write a news report. Below is the (fictional) article she wrote:*

## BOY GETS TAKEN

This afternoon an 11 year old boy was walking home from school when a black van pulled up alongside of him in Yartla Street, Dubbo NSW. At 3pm an elderly man, Kicko King said he saw the boy trying to get away. He called the Police to report a suspected kidnapping. The van was heading for Orange said Kicko King. The boy was found at 6pm in Orange. Police drove him home to

Dubbo. He was not hurt, just a little shaken. The van was dumped by the side of the road. The man was never found, investigations are underway.

The boy said he would not like to be in that position again, he also added that he would warn his friends about the dangers of walking home by themselves.

Send Off for

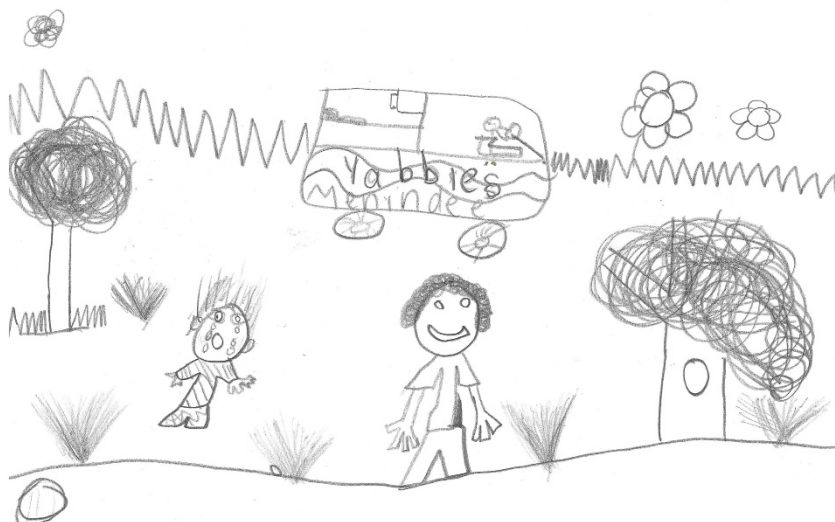
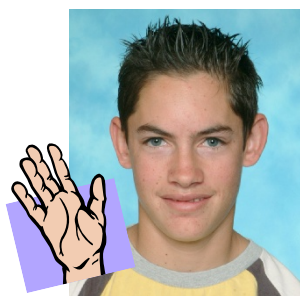
**Brad Nolan**

Thursday

19/8/10

7pm

Maiden's Hotel



# Anglican Church Fete

Saturday 21st August

9.30am - 1.30pm

Call in when you vote -

we are just up from the Civic Hall





## Recycle your empty farm chemical containers now!

Central Darling Shire Council will be holding a *drumMUSTER* collection at:

**Menindee Waste Depot on Wednesday 25<sup>th</sup> August 2010 between 10.00am and 3.00pm**

**All eligible containers must:**

- \*Be triple rinsed
- \*Be clean and dry
- \*Be free of all chemical residue (rust and dirt is acceptable)
- \*Have lids removed (metal drums should be pierced)
- \*Have labels attached (where practical)
- \*Be declared clean when delivered
- \*Be inspected by an authorised *drumMUSTER* inspector

For more information on the cleaning standards for *drumMUSTER* containers, please refer to the brochure "Agsafe standard for Effective Rinsing of Farm Chemical Containers", which is available at your local farm chemical reseller.

For more information or to book a time to dispose of your properly cleaned chemical containers contact the Environmental Services Dept on 08 8083 8900.

**Always ensure that your rinsed containers are drained and allowed to dry.**

## THANK YOU

To Margo at the RTC for the kind donation of children's books.

## WANTED

IN CONJUNCTION WITH THE

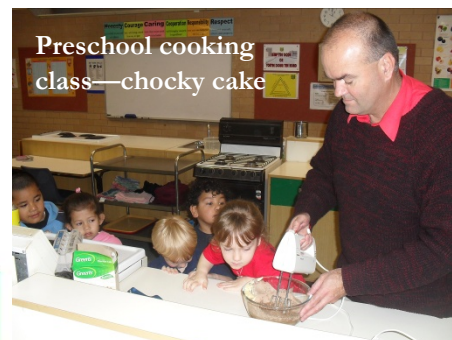
BURKE & WILLS 150<sup>TH</sup> ANNIVERSARY CELEBRATIONS

TO BE HELD IN MENINDEE

SATURDAY 11<sup>TH</sup> SEPTEMBER 2010

☀ Do you have **any old photos** that we could place on display at the Civic Hall for all to see? If so, please call in to see Margot at the Transaction Centre to make arrangements for copies of your photos to be made. All due care will be taken.

☀ Have you plenty of stuff stuck in the shed or cupboard that you don't use? Then why not gather your gear and friends and have a **stall or car boot** at the Community Fun Day. Call into the Transaction Centre and leave your details.



**SMALL BUSINESS  
SEPTEMBER 2010**



**Interested in Small Business and the Latest Technology ??**

Hosted by Industry & Investment NSW and RDA Far West NSW

**Pete Blasina - "The Gadget Guy"**

will be in Broken Hill on

**Wednesday 15 September 2010**

**Western Institute of TAFE Annexe Dining Room Argent Street  
6.30pm for 7.00pm**

**\$25.00 per head includes Cocktail Dinner**

Pete is a well-known face and voice nationally, (the *Gadget Guy* as he is more popularly known) is the on-air technology reporter for Channel 7's popular *Sunrise* program and *The Morning Show*.

With more than 20 years experience in the technology sector, Pete is recognised as one of Australia's foremost commentators and analysts on technology developments. He addresses groups about how technology will impact their operations and business, e commerce, broadband network and much more.

**Prepaid tickets are essential to reserve your place  
call RDA Far West NSW 8087 8383 - 55 Oxide Street**

Visit [www.smallbusinessmonth.nsw.gov.au](http://www.smallbusinessmonth.nsw.gov.au) for over 300 events to help your business flourish.

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## MENINDEE CENTRAL SCHOOL

P. O. Box 88, MENINDEE 2879

PH: (08) 80 914 409

(08) 80 914 381

FAX: (08) 80 914 377

[menindee-c.school@det.nsw.edu.au](mailto:menindee-c.school@det.nsw.edu.au)

### Fundraising for the Fun Run

Menindee Central School's annual Fun Run will be held on Friday the 3<sup>rd</sup> of September, 2010 and all students are being encouraged to take part! As part of this event students will be seeking sponsorship for their run in order to win some great prizes, as well as raise much needed funds for the school.

To ensure that sponsored money is returned we are asking for parental support. Sponsorship forms will only be given to students if parents or guardians return this permission note. Hopefully this will stop the problem of students collecting money but then forgetting to return it to the school.

If any parents, guardians or community members would like to make a donation to a student, they are more than welcome to come to the school office and make that donation straight to the school. We will record this donation and so it will still be added to the child's grand total. If you are unable to make it to the school make sure the child you are sponsoring puts their money in a safe place.

This is a very worthwhile program and we would really appreciate any support you can offer, so if you would like your child to take part in raising money for the fun run then please fill out the permission note attached to this newsletter.

S. Newsome  
Sports Coordinator

Danielle Fellows  
Head Teacher

### Fundraising Permission Note

I would like my child/children \_\_\_\_\_ to participate in the program by gaining sponsorship. Please provide my child/children with a sponsorship form.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

"A COMMUNITY SCHOOL WHERE STUDENTS DEVELOP IN A CARING, STIMULATING ENVIRONMENT"



MARK COOPER  
7 NIGHTCLIFF AVE  
LINDFIELD N.S.W 2070

30th July 2010

Cameron Philp  
C/O Menindee Central School  
Menindee street  
Menindee N.S.W 2879.

RE: Thank you for creating outstanding art.

Cameron

thank you for putting your creativity  
and persistence to this fine art work.  
We are giving this to Gaby our Finance  
Controller.

Gaby is going back to Germany  
in August 2010. She smiled a very happy  
smile when Gaby first saw your work.

Keep on being creative and persistent

Regards ☺

Mark Cooper  
30/7/2010

Lee Cooper  
30 Keane Avenue  
DUBBO NSW 2830

June 15, 2010

The Principal  
Menindee High School  
MENINDEE NSW 2879

Dear Sir/Madam

Recently I was involved in the Regional Waste to Art Exhibition and Competition held at the Menindee Community Hall. The students in HSC Certificate 11 in Hospitality provided the catering at the opening of the Exhibition and I wish to acknowledge that the girls and their teacher provided a marvellous array of delicious food and the presentation was great.

I would like to also comment on the friendliness and attitude of the students who were very professional in every way.

Please convey my thanks on behalf of the Dubbo contingent (4 representatives) to all those concerned and wish them all the best in the future.

Yours sincerely

*Lee Cooper*

Lee Cooper

Co-ordinator of the Dubbo Waste to Art.



The artist Cameron Philp

## Head lice

*Did you know?* Anyone can catch head lice regardless of their age, sex, or how clean their hair is.

*How can you get rid of head lice?* Daily combing using white hair conditioner with a fine-tooth comb is effective in getting rid of head lice and eggs (nits).

*How can you help reduce the spread of head lice?*

Regularly check your children's hair.

Teach older children to check their own hair.

Tie back and braid long hair.

Keep a fine-tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

There is a great video about preventing and treating head lice at

[www.youtube.com/watch?v=RmhOMrP\\_XqE](http://www.youtube.com/watch?v=RmhOMrP_XqE)

## Cyber-safety tip

### Keep computers out in the open

Your child might think twice about looking at inappropriate websites and won't be able to chat to their friends all night and neglect their homework if the computer is in a common area of your home. More cyber-safety tips at [www.schools.nsw.edu.au/click](http://www.schools.nsw.edu.au/click)

# The Yarn Up Group



**Come over to 'The Yarning Circle' at the Menindee Enterprise Park (near the school train). You can come for half an hour, an hour or the whole hour and a half.**

**You don't need to register, or come every week. Just turn up when you can.**



**Wednesday  
Mornings:  
9.00am-10.30am**



office of the  
information  
commissioner  
new south wales

## Right to Information Roadshow

Would you like more information on your right to access government information?

The Office of the Information Commissioner (OIC) is running a Right to Information Roadshow across New South Wales to help people learn about new ways to access government information.

The roadshow will visit Broken Hill on 23 August 2010.

New rights to government information came into force on 1 July 2010. This means state government agencies, local councils, state-owned corporations and Ministers and their staff now have to work differently to provide easier access to more information than ever before.

A free information session for the public and community organisations will explain how to access government information under the new system and outline the OIC's role in assisting government agencies, monitoring compliance with the new law and investigating complaints.

The information session for government agencies will provide education, advice and assistance on how government staff can comply with the new legislation.

Come along and have your questions answered.

### free information sessions

when: Monday 23 August 2010  
Government staff session: 9.00am to 10.30am  
Morning tea: 10.30am to 11.00am  
Community session: 11.00am to 12.00pm

where: Demo Club, 231 Argent Street

bookings: email [icinfo@ola.nsw.gov.au](mailto:icinfo@ola.nsw.gov.au) or call 1800 INFOCOM by 15 August 2010.  
Please include your name, contact details and agency (if applicable) and indicate which session you would like to attend.

visit [www.oic.nsw.gov.au](http://www.oic.nsw.gov.au)  
or call 1800 infocon 1800 463 625

promoting open government

## FITTING NEWS

### NEW LAWS:

### CLARIFICATIONS AND AMMENDMENTS

Since the release of the new laws in March this year, we have received many varied enquiries, there have also been some amendments to the Road Rules. The amendments and clarifications to the common enquiries are summarised below:

**Buses with over 12 seats (including the driver's seat):** The drivers of these buses are exempt from the new child restraint regulations, meaning that the driver would not be fined if any of the child passengers are not restrained in an approved child restraint



APRIL BOTTOM SCHOLARSHIP  
for 2011

*\$8,000 towards tuition and/or boarding fees*

*Previous applicants invited to apply*

Applications are now being received for the April Bottom Scholarship for 2011.

April Bottom was a resident Menindee. Before her death in 2003, she expressed a desire to assist families from the West Darling Parish Region with the education of their children, in situations where the children have to leave the region to acquire the necessary education.

The Scholarship of \$8,000 will be administered by The Bush Church Aid Society of Australia in conjunction with the Late April Bottom's family.

### Selection criteria

- ☐ Young person resident within the Anglican Parish of the West Darling (includes towns, areas & properties surrounding Menindee, White Cliffs, Wilcannia, Tibookburra, Tilpa, 60kms west of Ivanhoe in NSW; & Cockburn SA)
- ☐ Undertaking secondary or tertiary education outside the Parish in 2011
- ☐ Possess a desire and the potential to achieve, but not necessarily the opportunity

Application Forms can be downloaded at [www.bushchurchaid.com.au](http://www.bushchurchaid.com.au) or contact :

April Bottom Scholarship  
The Bush Church Aid Society of Australia  
Level 7, 37 York Street, Sydney NSW 2000  
Phone : 02 9262 5017 Fax : 02 9262 5020  
Email : [robyn@bushchurchaid.com.au](mailto:robyn@bushchurchaid.com.au)

Closing date for applications – 17<sup>th</sup> September, 2010



# LAST EVER CSP



GET  
YOUR AWESOME  
**EDALIVE GAMES** NOW!  
DON'T LET TIME  
**DRAG-ON!**

**LAST chance to  
score these EdAlive  
titles and at \$10!**

<b>BRINTastic v2</b> <b>WORD skills</b>	<b>BRINTastic v2</b> <b>MATHS</b>	<b>BRINTastic v2</b> <b>READING success</b>
<b>Winners UP!</b> <b>Baggin' the Dragon v2</b>	<b>Winners UP!</b> <b>Volcanic Panic v2</b>	<b>Typing TOURNAMENT v2</b>
<b>ultimate</b> <b>MATHS INVADERS v2</b>	<b>Manic Maths</b>	<b>Maths Made Easy</b>
<b>Aussie SPELLFORCE v2</b>	<b>Words Rock v2</b>	<b>Reading Literacy</b>
<b>Aussie School Fonts</b>		

After 10 years the Community Software Plan is being discontinued. Our school is participating in the LAST EVER CSP. This is the last opportunity for parents to purchase quality educational software for an amazing \$10.00 per title

The software is completely Australian made and is directly correlated to the school curriculum and helps prepare for the NAPLAN Tests.

As well as the CSP savings, all titles are also eligible for the 50% Education Tax Refund so don't miss out on this opportunity.

***There are leaflets at the front office if you are interested.*** See leaflet above for the great titles. ORDERS have to be in next week.



# Menindee Children's Centre

## cooking with

### Adam!!!!



Mr B you can cook !  
Proof is in the photos.....

## Sandringham Concert

**Please Note!**

Due to the weather the Sandringham College tour group had to come the long way round through Broken hill so this afternoon's concert was cancelled.

Students with permission notes are still to meet at the front of the school at 6pm to go to Kinchega in the school bus as planned.

The Sandringham College concert will now be held at 9 o'clock tomorrow morning for primary and eligible secondary students.

Parents and community members are invited to attend and the concert will go for approximately one hour.